

## Wettkampf 2 - 400m Freistil männlich

### Pflichtzeiten

Jahrgang 2016: 07:12,00 Jahrgang 2015: 05:54,00 Jahrgang 2014: 05:27,00 Jahrgang 2013: 05:14,00

### Jahrgang 2016

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Landesjahrgangsmeister					
	Metin Erbil	2016	Seelzer Schwimmsportverein von 2022 e.V.	05:11,07	353
	100m: 01:13,77 (01:13,77)   200m: 02:34,16 (01:20,39)   300m: 03:54,39 (01:20,23) 400m: 05:11,07 (01:16,68)				
2.	Elias Buberek	2016	SC Osnabrück 04	05:49,82	248
	100m: 01:19,50 (01:19,50)   200m: 02:49,11 (01:29,61)   300m: 04:21,20 (01:32,09) 400m: 05:49,82 (01:28,62)				
3.	Fabian Vorwerk	2016	TV Jahn Schneverdingen	06:14,96	201
	100m: 01:27,34 (01:27,34)   200m: 03:04,63 (01:37,29)   300m: 04:43,47 (01:38,84) 400m: 06:14,96 (01:31,49)				
4.	Lars Janning	2016	SV Haren	06:15,00	201
	100m: 01:23,48 (01:23,48)   200m: 03:02,01 (01:38,53)   300m: 04:40,47 (01:38,46) 400m: 06:15,00 (01:34,53)				
5.	Samuel Khadhraoui	2016	Eintracht Hildesheim	06:29,63	179
	100m: 01:30,74 (01:30,74)   200m: 03:12,28 (01:41,54)   300m: 04:53,83 (01:41,55) 400m: 06:29,63 (01:35,80)				
6.	Gustav Demmer	2016	Oldenburger SV 1902	06:31,59	177
	100m: 01:30,13 (01:30,13)   200m: 03:11,92 (01:41,79)   300m: 04:54,99 (01:43,07) 400m: 06:31,59 (01:36,60)				
7.	Makar Heibo	2016	MTV Goslar	06:45,15	160
	100m: 01:33,48 (01:33,48)   200m: 03:19,47 (01:45,99)   300m: 05:05,01 (01:45,54) 400m: 06:45,15 (01:40,14)				
8.	Philipp Krech	2016	SGS Hannover	06:47,05	157
	100m: 01:34,77 (01:34,77)   200m: 03:19,20 (01:44,43)   300m: 05:04,63 (01:45,43) 400m: 06:47,05 (01:42,42)				
9.	Till Gärtner	2016	SC Lüchow 1861	06:49,14	155
	100m: 01:04,25 (01:04,25)   200m: 03:17,83 (02:13,58)   300m: 05:05,66 (01:47,83) 400m: 06:49,14 (01:43,48)				
10.	Lennart Menk	2016	Schwimm-Club Seevetal	07:04,11	139
	100m: 01:39,38 (01:39,38)   200m: 03:30,62 (01:51,24)   300m: 05:21,59 (01:50,97) 400m: 07:04,11 (01:42,52)				
11.	Jakob Schröder	2016	SG Wiste	07:04,25	139
	100m: 01:39,00 (01:39,00)   200m: 03:29,27 (01:50,27)   300m: 05:18,58 (01:49,31) 400m: 07:04,25 (01:45,67)				

### Jahrgang 2015

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Landesjahrgangsmeister					
	Tobias Welz	2015	VfV Hildesheim	05:19,88	325
	100m: 01:16,43 (01:16,43)   200m: 02:38,26 (01:21,83)   300m: 03:59,27 (01:21,01) 400m: 05:19,88 (01:20,61)				
2.	Constantin Ellermann	2015	TSG 07 Burg Gretesch	05:22,86	316
	100m: 01:17,63 (01:17,63)   200m: 02:40,74 (01:23,11)   300m: 04:02,37 (01:21,63) 400m: 05:22,86 (01:20,49)				
3.	Jonte Tom Linke	2015	Polizei SV Oldenburg	05:26,50	305
	100m: 01:17,23 (01:17,23)   200m: 02:41,32 (01:24,09)   300m: 04:05,15 (01:23,83) 400m: 05:26,50 (01:21,35)				



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### noch Jahrgang 2015

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
4.	Kasimir Abdic 100m: 01:16,62 (01:16,62)   200m: 02:41,47 (01:24,85)   300m: 04:06,84 (01:25,37) 400m: 05:28,69 (01:21,85)	2015	SGS Hannover	05:28,69	299	
5.	Luca Klöckner 100m: 01:16,25 (01:16,25)   200m: 02:43,47 (01:27,22)   300m: 04:09,02 (01:25,55) 400m: 05:30,12 (01:21,10)	2015	W98 Hannover	05:30,12	295	
6.	Aron Rosenowski 100m: 01:20,05 (01:20,05)   200m: 02:46,00 (01:25,95)   300m: 04:13,92 (01:27,92) 400m: 05:39,62 (01:25,70)	2015	SGS Langenhagen	05:39,62	271	
7.	Fritz von Hammerstein 100m: 01:20,09 (01:20,09)   200m: 02:47,06 (01:26,97)   300m: 04:14,60 (01:27,54) 400m: 05:40,90 (01:26,30)	2015	TWG 1861 Göttingen	05:40,90	268	
8.	Jasper Mildt 100m: 01:21,41 (01:21,41)   200m: 02:49,30 (01:27,89)   300m: 04:18,15 (01:28,85) 400m: 05:41,54 (01:23,39)	2015	SSG Braunschweig	05:41,54	267	
9.	Moritz Neitsch 100m: 01:21,17 (01:21,17)   200m: 02:49,88 (01:28,71)   300m: 04:19,48 (01:29,60) 400m: 05:45,29 (01:25,81)	2015	SSG Braunschweig	05:45,29	258	
10.	Ben Gierl 100m: 01:21,83 (01:21,83)   200m: 02:50,92 (01:29,09)   300m: 04:19,95 (01:29,03) 400m: 05:46,06 (01:26,11)	2015	Seelzer Schwimmsportverein von 2022 e.V.	05:46,06	256	
11.	Bartek Golos 100m: 01:21,45 (01:21,45)   200m: 02:51,09 (01:29,64)   300m: 04:21,95 (01:30,86) 400m: 05:46,34 (01:24,39)	2015	SV Wasserfreunde Völlen - Papenburg e.V.	05:46,34	256	
12.	Tichon Maneshin 100m: 01:22,15 (01:22,15)   200m: 02:52,89 (01:30,74)   300m: 04:24,75 (01:31,86) 400m: 05:50,33 (01:25,58)	2015	Seelzer Schwimmsportverein von 2022 e.V.	05:50,33	247	
13.	Fenno Lerch 100m: 01:21,09 (01:21,09)   200m: 02:50,69 (01:29,60)   300m: 04:21,61 (01:30,92) 400m: 05:51,01 (01:29,40)	2015	SG Wilhelmshaven	05:51,01	246	
14.	Atahan Uzun 100m: 01:22,12 (01:22,12)   200m: 02:52,96 (01:30,84)   300m: 04:26,90 (01:33,94) 400m: 05:55,42 (01:28,52)	2015	SGS Hannover	05:55,42	237	ENM
15.	Conrad Weber 100m: 01:26,00 (01:26,00)   200m: 02:59,38 (01:33,38)   300m: 04:32,83 (01:33,45) 400m: 05:57,09 (01:24,26)	2015	Peiner Schwimmverein	05:57,09	233	ENM
16.	Chagan Yumit 100m: 01:23,64 (01:23,64)   200m: 02:55,24 (01:31,60)   300m: 04:27,81 (01:32,57) 400m: 05:58,88 (01:31,07)	2015	SGS Hannover	05:58,88	230	ENM
17.	Alex Dschumali 100m: 01:19,93 (01:19,93)   200m: 02:54,24 (01:34,31)   300m: 04:30,44 (01:36,20) 400m: 06:01,89 (01:31,45)	2015	W98 Hannover	06:01,89	224	ENM
18.	Arne Saretzki 100m: 01:25,23 (01:25,23)   200m: 02:56,98 (01:31,75)   300m: 04:30,97 (01:33,99) 400m: 06:02,51 (01:31,54)	2015	MTV Goslar	06:02,51	223	ENM
19.	Alex Furman 100m: 01:28,32 (01:28,32)   200m: 03:05,55 (01:37,23)   300m: 04:44,09 (01:38,54) 400m: 06:18,35 (01:34,26)	2015	SC Altwarmbüchen	06:18,35	196	ENM
20.	Karl Helberg 100m: 01:31,20 (01:31,20)   200m: 03:11,62 (01:40,42)   300m: 04:51,26 (01:39,64) 400m: 06:25,22 (01:33,96)	2015	SSG Braunschweig	06:25,22	186	ENM

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### Jahrgang 2014

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
1. und Landesjahrgangsmeister						
	Jonas Janta	2014	SC Altwarmbüchen	04:48,86	441	
	100m: 01:08,07 (01:08,07)   200m: 02:22,50 (01:14,43)   300m: 03:37,46 (01:14,96) 400m: 04:48,86 (01:11,40)					
2.	Freerk Lauf	2014	SC Altwarmbüchen	04:59,77	395	
	100m: 01:09,99 (01:09,99)   200m: 02:27,30 (01:17,31)   300m: 03:44,80 (01:17,50) 400m: 04:59,77 (01:14,97)					
3.	Zhenduo Oliver Li	2014	VfL Osnabrück	05:11,73	351	
	100m: 01:13,82 (01:13,82)   200m: 02:33,60 (01:19,78)   300m: 03:54,11 (01:20,51) 400m: 05:11,73 (01:17,62)					
4.	Marcel Majewski	2014	Eintracht Hildesheim	05:14,84	341	
	100m: 01:13,07 (01:13,07)   200m: 02:34,32 (01:21,25)   300m: 03:56,30 (01:21,98) 400m: 05:14,84 (01:18,54)					
5.	Niklas Kastner	2014	Eintracht Hildesheim	05:17,15	333	
	100m: 01:16,40 (01:16,40)   200m: 02:38,09 (01:21,69)   300m: 03:59,17 (01:21,08) 400m: 05:17,15 (01:17,98)					
6.	Leonard Sommerfeld	2014	SSG Braunschweig	05:17,42	332	
	100m: 01:15,40 (01:15,40)   200m: 02:38,31 (01:22,91)   300m: 03:59,88 (01:21,57) 400m: 05:17,42 (01:17,54)					
7.	Tamme Biel	2014	VfL Osnabrück	05:17,94	331	
	100m: 01:13,22 (01:13,22)   200m: 02:36,46 (01:23,24)   300m: 03:59,76 (01:23,30) 400m: 05:17,94 (01:18,18)					
8.	Jakub Melis	2014	ASC Göttingen von 1846 e.V.	05:24,19	312	
	100m: 01:16,75 (01:16,75)   200m: 02:38,66 (01:21,91)   300m: 04:00,96 (01:22,30) 400m: 05:24,19 (01:23,23)					
9.	Ben Wolff	2014	TSG 07 Burg Grefesch	05:25,30	309	
	100m: 01:18,09 (01:18,09)   200m: 02:42,81 (01:24,72)   300m: 04:06,54 (01:23,73) 400m: 05:25,30 (01:18,76)					
10.	Sascha Fabio Rieke	2014	SC Altwarmbüchen	05:26,48	305	
	100m: 01:16,77 (01:16,77)   200m: 02:40,72 (01:23,95)   300m: 04:04,85 (01:24,13) 400m: 05:26,48 (01:21,63)					
11.	Elias Rakow	2014	VfL Osnabrück	05:27,81	302	ENM
	100m: 01:17,43 (01:17,43)   200m: 02:42,05 (01:24,62)   300m: 04:06,56 (01:24,51) 400m: 05:27,81 (01:21,25)					
12.	Nicas Harin	2014	Delmenhorster SV 1905	05:29,21	298	ENM
	100m: 01:16,59 (01:16,59)   200m: 02:40,36 (01:23,77)   300m: 04:05,15 (01:24,79) 400m: 05:29,21 (01:24,06)					
13.	Luiz Watzl	2014	TWG 1861 Göttingen	05:38,36	274	ENM
	100m: 01:19,61 (01:19,61)   200m: 02:47,45 (01:27,84)   300m: 04:16,28 (01:28,83) 400m: 05:38,36 (01:22,08)					
14.	Matej Vysoký	2014	ASC Göttingen von 1846 e.V.	05:41,13	268	ENM
	100m: 01:21,40 (01:21,40)   200m: 02:49,43 (01:28,03)   300m: 04:16,99 (01:27,56) 400m: 05:41,13 (01:24,14)					
15.	Ben de Leve	2014	Oldenburger SV 1902	05:41,76	266	ENM
	100m: 01:20,82 (01:20,82)   200m: 02:48,10 (01:27,28)   300m: 04:16,75 (01:28,65) 400m: 05:41,76 (01:25,01)					
16.	Justus Feiler	2014	SC Altwarmbüchen	05:44,57	260	ENM
	100m: 01:20,17 (01:20,17)   200m: 02:48,61 (01:28,44)   300m: 04:17,86 (01:29,25) 400m: 05:44,57 (01:26,71)					
17.	Raphael Jastreboff	2014	SV Garbsen	05:49,38	249	ENM
	100m: 01:21,71 (01:21,71)   200m: 02:51,78 (01:30,07)   300m: 04:23,43 (01:31,65) 400m: 05:49,38 (01:25,95)					

## noch Wettkampf 2 - 400m Freistil männlich

### noch Jahrgang 2014

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
18.	Max Zhao	2014	SSG Braunschweig	05:50,60	246	ENM
	100m: 01:19,16 (01:19,16)   200m: 02:51,14 (01:31,98)   300m: 04:22,66 (01:31,52) 400m: 05:50,60 (01:27,94)					
19.	Reyk Groothuis	2014	SV Neptun Emden	05:50,78	246	ENM
	100m: 01:18,79 (01:18,79)   200m: 02:50,55 (01:31,76)   300m: 04:22,85 (01:32,30) 400m: 05:50,78 (01:27,93)					
20.	Laurin Noel Fischer	2014	Delmenhorster SV 1905	05:55,47	236	ENM
	100m: 01:23,38 (01:23,38)   200m: 02:54,19 (01:30,81)   300m: 04:26,59 (01:32,40) 400m: 05:55,47 (01:28,88)					
21.	Leonhard Neubauer	2014	SC Altwarmbüchen	05:57,77	232	ENM
	100m: 01:21,77 (01:21,77)   200m: 02:54,93 (01:33,16)   300m: 04:27,32 (01:32,39) 400m: 05:57,77 (01:30,45)					
22.	Sidney Jasper Tholi	2014	TSV Adendorf 1923	06:03,39	221	ENM
	100m: 01:24,42 (01:24,42)   200m: 02:57,50 (01:33,08)   300m: 04:32,37 (01:34,87) 400m: 06:03,39 (01:31,02)					
23.	Felix Johann Schultze	2014	TSV Achim 1860	06:06,36	216	ENM
	100m: 01:25,08 (01:25,08)   200m: 03:00,52 (01:35,44)   300m: 04:34,70 (01:34,18) 400m: 06:06,36 (01:31,66)					
24.	Ivan Mashchenko	2014	Celler Schwimm-Club e.V.	06:14,33	202	ENM
	100m: 01:27,40 (01:27,40)   200m: 03:03,79 (01:36,39)   300m: 04:40,47 (01:36,68) 400m: 06:14,33 (01:33,86)					
	<u>nicht am Start</u>					
	Linus Damrau	2014	Celler Schwimm-Club e.V.			ENM
	Nils Frahm	2014	Celler Schwimm-Club e.V.			ENM

### Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	
1. und Landesjahrgangsmeister	Olivier Awrycewicz	2013	SGS Hannover	04:32,32	526	
	100m: 01:05,33 (01:05,33)   200m: 02:15,25 (01:09,92)   300m: 03:26,31 (01:11,06) 400m: 04:32,32 (01:06,01)					
2.	Yannick Kastner	2013	W98 Hannover	04:33,68	519	
	100m: 01:05,20 (01:05,20)   200m: 02:15,73 (01:10,53)   300m: 03:26,10 (01:10,37) 400m: 04:33,68 (01:07,58)					
3.	Jesper Müller	2013	TSG 07 Burg Grefesch	04:57,40	404	
	100m: 01:08,23 (01:08,23)   200m: 02:25,09 (01:16,86)   300m: 03:41,22 (01:16,13) 400m: 04:57,40 (01:16,18)					
4.	Rian Kjell Oettel	2013	VfV Hildesheim	05:07,07	367	
	100m: 01:10,06 (01:10,06)   200m: 02:28,09 (01:18,03)   300m: 03:47,87 (01:19,78) 400m: 05:07,07 (01:19,20)					
5.	Emil Möller	2013	VfL Osnabrück	05:12,92	347	
	100m: 01:12,65 (01:12,65)   200m: 02:33,12 (01:20,47)   300m: 03:54,34 (01:21,22) 400m: 05:12,92 (01:18,58)					
6.	Tebbe Menken	2013	SC Dunum	05:19,92	325	ENM
	100m: 01:11,09 (01:11,09)   200m: 02:32,79 (01:21,70)   300m: 03:57,60 (01:24,81) 400m: 05:19,92 (01:22,32)					
7.	Benedict Menk	2013	Schwimm-Club Seevetal	05:32,08	290	ENM
	100m: 01:14,06 (01:14,06)   200m: 02:38,93 (01:24,87)   300m: 04:06,11 (01:27,18) 400m: 05:32,08 (01:25,97)					